At our Three Rivers campus, near the conference rooms in Plant One, there is a very special room. It is unlike any other room we have at that location. It is a Chapel. It is decorated with red crushed velvet curtains that separate the entrance from the sanctuary. A cross hangs in mid-air and its shadow reminds us we are to live in the shadow of that cross and what took place there. Words on the wall are written for those who visit, inviting them to come and rest, for those who are weary.

The most important thing about this chapel is this, you feel the presence of God there. It is quiet. Soft music plays. Stained glass windows are softly lit and welcome the nerves to relax a while. Oak pews provide comfort and ask you to sit and let your stress melt away. The ceiling reminds you of a tent with its temporary dwelling place, reminding us that we are only here for a little while. Then, we move on.

Enter the doors of the sanctuary and leave the noise behind. Sit quietly. With everything screaming inside to escape, close your eyes and be still before a Holy God. Let God, the heavenly Father and His Son who sits next to Him on the heavenly throne calm your storms of life.

Close your eyes and whisper His name ... Jesus! The waves begin to calm. The wind begins to lessen. The lightning ceases. The clouds begin to scatter. Your sea of turmoil and fear becomes a tranquil sea where sins, fears, failures, pain, and broken hearts can be buried beneath the smooth surface.

The Psalmist reminds us to "Be still and know that I am God" in Psalm 46:10. We often run into the sanctuary or offer up a quick prayer asking God to help us with the latest issue of our lives. If we stopped momentarily, we might actually be asked to "know God." We talk to Him with our prayers when actually God wants to talk with us. Maybe we should actually follow the psalmists request to "Be still and know God?"
The best way to know God is to study the Holy Bible. Opening the Bible and reading any portion of scripture, we should ask God if it pertains to us? For example, reading Ephesians 2:10, "For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them." The apostle Paul tells us that "we are His workmanship." Paul goes on to say "we were created in Christ Jesus for good works." Then, Paul says how God prepared us that we should "walk in those good works."

Whichever sanctuary you sit in the next time, try saying nothing. Close your eyes. Open your eyes. Listen for the Father to whisper your name. Be still, no matter how long it takes, be still. Quit asking for things all the time and just give back to God your quiet voice and attention. Begin to know Him. Learn His word.

As Christ's workmanship, God did not make a mistake when He made you. He made you in His image. He made you for good works. Walk in them. Love God by being still before Him. And, listen for His heartbeat.

At a loss for words? Good! Be still! And, know God.